



# Dementia Care with Dignity

Learn  
**Positive Approach<sup>®</sup>**  
to Care

If you're a family member of or a care partner for someone living with dementia, you'll want to know about the **Positive Approach to Care**.

Unlike older philosophies and methods of dementia care that emphasize what's been lost, **PAC** focuses on what remains, which creates strong connections between the person living with dementia and their families and care partners and builds a framework for providing care with dignity.

And now you can learn **PAC** techniques for **FREE** at workshops brought to you by the Brown Adult Day Program. **PAC** seminars are open to all and taught by a **CERTIFIED Positive Approach to Care** trainer. Morning sessions are being held in West Bloomfield and late afternoon sessions are being held in Southfield on:

**FREE respite care** is provided during the workshop

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| <b>October 3</b>  | Normal Aging/Not Normal Aging:<br><i>Recognizing dementia versus normal aging.</i>   |
| <b>October 17</b> | Positive Physical Approach and Hand Under Hand:<br><i>Learn care partnering techniques that create a positive, nurturing environment.</i>                  |
| <b>November 7</b> | Using Skills That Make a Difference:<br><i>Develop an understanding of dementia states and learn tools to more effectively interact during each stage.</i> |

Attend one, two, or come to all three. To register, call **248.233.4392**.

