



# GRAY MATTERS

Free Brain Health Workshops

## Brain Health and Driving as we Age

*David Brown, OTR/L, CDI & Lynn Breuer, LMSW, CHC*

Join us as David Brown, OTR/L, CDI and Lynn Breuer, LMSW, CHC discuss ways to strengthen cognition for the driver's seat, modify driving habits and offer techniques for ***driving safer, longer***. Common circumstances that may affect driving performance and options for adapted equipment will also be included.

**When:** Wednesday, April 17, 2019  
1:00pm-2:30pm

**Where:** JVS Human Services  
29699 Southfield Road, Southfield, MI 48076

**About the Presenters:** **David Brown, OTR/L, CDI** is a graduate of Michigan State University and earned his Occupational Therapy degree from Wayne State University. He has been a staff Occupational therapist and Certified Driving Instructor with Beaumont Health for more than 20 years. David has participated in numerous media interviews regarding driving rehabilitation including Fox 2 Detroit, WDIV-TV, WXYZ Detroit, WJR and WWJ.

**Lynn Breuer, LMSW, CHC** is Director of Chronic Disease Management at Jewish Family Service, is a licensed clinical social worker and a certified health coach who works with older adults and their families in order to help older adults age in place, addressing a variety of age-related concerns. Her team is able to provide geriatric assessments, family consultations and evidence based cognitive training classes to help with cognitive concerns.

To enroll, contact [MindU@jfsdetroit.org](mailto:MindU@jfsdetroit.org) or 248-788-MIND.

