

TAKE TIME TO TAKE CARE OF YOURSELF

A DAY OFF FOR CAREGIVERS

Enjoy taking care of yourself. Massage, yoga, music, food, aromatherapy and relax knowing your loved one is being taken care of by professionals. There is no charge to participate.



Complimentary respite provided for
those living with Dementia

Sunday, April 7, 2019

10:00am-3:00pm

Best Western Premier

26555 Telegraph Rd.

Southfield, MI 48033

RSVP to Dorothy Moon 248-233-4392

**Sponsored by the:
Dee dee and Michael Perlman Caregivers Fund**

